





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Meals are delivered Monday to Friday 10:30am - 1:00pm</p>		<p>Weekend meals are delivered on the closest scheduled delivery date before the weekend.</p>		<p>1 Canadian Split Yellow Pea Soup Bacon, Cheddar, & Mushroom Quiche Roast Beef & Cheddar Sandwich</p>	<p>2 Potato Leek Soup Reuben Dog Curried Tuna Salad Sandwich</p>	<p>3 Thai Vegetable Soup Tuna Bake w/ Root Veg Pavé Mediterranean Veggie Wrap</p>	<p>4 Chef's Choice Soup BBQ Pork Ribs w/ Beans & Corn Smashed Chickpea Sandwich</p>
<p>5 Chef's Choice Soup Chef's Choice Cuban Sandwich</p>	<p>6 Roasted Vegetable & Herb Soup Lentil Dahl w/ Nauratan & Rice Beef Salami Sandwich w/ Cauliflower Relish</p>	<p>7 Roasted Butternut Squash Soup Smash Burger Taco Turkey Sandwich w/ Apple Sage Aioli</p>	<p>8 Carrot Ginger Soup Spring Pea Pesto Pasta Salad BBQ Pulled Pork Sandwich</p>	<p>9 Golden Beet Borscht Lemon Pepper Basa Buffalo Chicken Slider</p>	<p>10 Pesto, Rice & Bean Soup Chicken w/ Mushroom Gravy Veggie Burrito</p>	<p>11 Chef's Choice Soup Chef's Choice Salmon Dill Salad Sandwich</p>	
<p>12 Sherried Onion Soup Asparagus & Tomato Quiche Caprese Focaccia</p>	<p>13 Broccoli & Cheddar Soup Mustard & Herb Pork Tenderloin Roast Beef Sandwich w/ Mushroom & Onion</p>	<p>14 Minestrone Soup Lemon Herb Salmon w/ Orzo Pilaf Turkey Bacon BLT w/ Pesto Mayo</p>	<p>15 Fennel & Sausage Soup Roast Vegetable Lasagna Chicken Waldorf Wrap</p>	<p>16  Mushroom & Chickpea Soup Spanakopita Ham & Cheese Sandwich</p>	<p>17 Vegetable Orzo Soup Teriyaki Beef Stir Fry Mango Tuna Salad Sandwich</p>	<p>18 Chef's Choice Soup Veal Parmesan w/ Carrots & Peas Meatball Sub</p>	
<p>19 Chef's Choice Soup Chef's Choice Bacon Grilled Cheese</p>	<p>20 Minestrone Soup Salisbury Steak w/ Mushroom & Onion Italian Sub</p>	<p>21 Beef Vegetable Soup Lemon Pepper Sole w/ Carrots Roasted Vegetable on Focaccia</p>	<p>22 Cream of Tomato Beef & Vegetable Stew 3-Cheese Grilled Cheese</p>	<p>23  Curried Yam Chicken Low Mein Dill Pickle Chicken Salad Sandwich</p>	<p>24 Chicken Noodle Soup Spinach & Cheese Canneloni Roast Beef w/ Fried Onion Sandwich</p>	<p>25 Chef's Choice Soup Chef's Choice Pizza Sub</p>	
<p>26 Chef's Choice Soup Chef's Choice Fried Egg on English Muffin w/ Bacon</p>	<p>27 Cheeseburger Soup Ham w/ Scalloped Potatoes Southwest Chicken Salad Sandwich</p>	<p>28 Beef Noodle Soup Grilled Sole Fillet w/ Brussel Sprouts Pastrami Sandwich w/ Dijon</p>	<p>29 Curried Butternut Squash Soup Taco Beef Pasta Salad Bowl Caprese Focaccia</p>	<p>30 Tomato Florentine Soup Chicken Pot Pie Fried Egg & Cheese Sandwich</p>	<p>31 3-Onion Bouillion Tomato, Spinach & Feta Quiche Ham & Cheese Sandwich</p>		




July 16
Spanakopita



July 23
Chicken Chow Mein

