

EDMONTON MEALS ON WHEELS - MAY 2024 MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Meals are delivered Monday - Friday 10:30am - 1:00pm Weekend meals are delivered on Fridays</p>		<p>"Gardening is the art that uses flowers and plants as paint, and the soil and sky as canvas" -Elizabeth M.</p>	<p>1 Curried Lentil Chicken Soup Mandarin Pork Tenderloin BBQ Veg Quesadilla</p>	<p>2 Loaded Cauliflower Soup Ginger Peach Chicken Salad Philly Beef Sandwich</p>	<p>3 Pork, Mushroom, & Red Pepper Soup Meatloaf Roulade w/ Mushroom Gravy Pesto Chicken Sandwich</p>	<p>4 Chef's Choice Soup Chef's Choice Mortadella Sandwich</p>
<p>5 Chef's Choice Soup Spinach & Cheese Cannelloni Asian Style Sloppy Joe Sandwich</p>	<p>6 Minestrone Soup Baked Ham w/ Dijon Apples Chicken Parm Wrap</p>	<p>7 Chicken Noodle Soup Bacon Wrapped Cod Cucumber & Cream Cheese Sandwich</p>	<p>8 Roasted Asparagus & Pesto Soup Cheeseburger BLT Sandwich</p>	<p>9 Coconut Curry Lentil Soup Baked Spaghetti & Meat Sauce Chicken Quesadilla</p>	<p>10 Sweet & Savoury Pork Soup Chicken & Waffles Grilled Veg Sandwich on Marble Rye</p>	<p>11 Chef's Choice Soup Chef's Choice Meatball Sub</p>
<p>12 Sherried Tomato & Basil Soup Vegetable & Gruyère Quiche Mediterranean Beef Wrap</p>	<p>13 Beef Noodle Soup Roast Beef Dinner Ham & Swiss Sandwich</p>	<p>14 Chickpea Curry Soup BBQ Glazed Salmon Filet w/ Honey Pineapple Salsa Grilled Turkey, Apple, & Provolone Sandwich</p>	<p>15 Taco Twist Soup Chicken BLT Burger Pesto, Tomato, & Cucumber Sandwich</p>	<p>16 Roasted Asparagus & Red Pepper Soup Teriyaki Pork & Grilled Pineapple Fried Egg & Sundried Tomato Aioli Sandwich</p>	<p>17 Wonton Soup Beef Burgundy Caprese Sandwich on Focaccia</p>	<p>18 Chef's Choice Soup Chef's Choice Salami & Roasted Pepper Sandwich</p>
<p>19 Chef's Choice Soup Taco Chicken Pulled Pork Quesadilla</p>	<p>20 Cabbage & Ginger Soup Pork Stir Fry Bowl Roast Beef & Cheddar Sandwich</p>	<p>21 Plum Tomato & Macaroni Soup Baked Sole w/ Lemon Herb Butter BBQ Chicken Slider</p>	<p>22 Butternut Squash Soup Chili Cheese Dog Curried Tuna Salad Sandwich</p>	<p>23 Quinoa Vegetable Soup Shepherd's Pie Pastrami & Dijon Sandwich</p>	<p>24 Chicken Florentine Soup Lemon Ginger Pork Loin Turkey, Lettuce, & Cucumber Sandwich</p>	<p>25 Chef's Choice Soup Baked Macaroni & Cheese Chickpea Salad Wrap</p>
<p>26 Chef's Choice Soup Chef's Choice Patty Melt Sandwich</p>	<p>27 Chef's Choice Soup BBQ Pulled Pork Meat Pie Egg Salad Sandwich</p>	<p>28 Spring Herb & Squash Soup Fajita Snapper Filet Pepperoni Pizza Bun</p>	<p>29 Chicken, Artichoke, & Spinach Soup Chef's Salad Cuban Sandwich</p>	<p>30 Potato & Kale Soup Honey Garlic Bratwurst & Caramelized Onion Cucumber Sandwich</p>	<p>31 Cream of Mushroom & Wild Rice Soup Chicken Tikka Masala Roasted Veg & Hummus Sandwich</p>	

This menu is subject to change without notice and may contain alternatives based on your diet restrictions. Please provide 48 hours notice for order cancellation.