



EDMONTON MEALS ON WHEELS - APRIL 2024 MENU



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meals are delivered Monday - Friday 10:30am - 1:00pm Weekend meals are delivered on Fridays	1 Vegetable Barley Soup Teriyaki Beef Stir Fry Philly Beef Sub	2 Cream of Celery Soup Fiesta Snapper w/ Salsa & Peppers Pastrami Sandwich	3 Chicken Gnocchi Soup Cheeseburger Cucumber & Cream Cheese Sandwich	4 Potato Leek Soup Honey Dijon Ham Pesto Chicken Wrap	5 Vegetable Chili Chicken Parmesan Egg Salad Sandwich	6 Chef's Choice Soup Chef's Choice Roasted Veg Sandwich
	7 Chef's Choice Beef Tortellini w/ Marinara Sauce BBQ Pulled Pork Slider	8 Carrot Ginger Soup Braised Meatballs Cuban Sandwich	9 Beef Vegetable Soup Herb Roasted Cod Chickpea Salad Sandwich	10 Tomato Provencal Soup Bruschetta Chicken BLT Sandwich	11 Cream of Veg Soup Dijon Braised Brisket Chicken Salad Wrap	12 Sherried Cream of Mushroom Soup BBQ Pork Reuben Sandwich
14 Chef's Choice Soup Fettuccine Alfredo Charcuterwich	15 Lemon, Chicken, & Rice Soup Orange Ginger Roast Pork Roast Beef Sandwich	16 Carrot & Turnip Soup Grilled Salmon & Onion Butter Chicken Salad Wrap	17 Sausage & Bean Soup Chicken Cordon Bleu Burger Salami & Pepper Sandwich	18 Split Pea & Ham Soup Cobb Salad Egg & Cheese Sandwich	19 Chef's Choice Soup Italian Veg Lasagna Grilled Ham & Cheese Sandwich	20 Spaghetti Squash Bisque Chef's Choice Curried Tuna Salad Sandwich
21 Chef's Choice Soup Mushroom & Meatball Goulash Ham & Swiss Sandwich	22 Lemon, Basil, & Orzo Soup Turkey Pot Pie Italian Sub	23 Bacon Leek Soup Basa w/ Mango Salsa Sausage & Cheese on an English Muffin	24 Spinach, Egg Noodle, & Sausage Soup Chicken w/ Marsala Mushroom Sauce Reuben Sandwich	25 Provencal Veg Soup Summer Squash, Tomato, & Feta Quiche Roast Beef Sandwich w/ Horseradish Aioli	26 Cream of Broccoli & Cheddar Soup Garlic Soy Pork Tenderloin Roasted Veg Sandwich	27 Chef's Choice Soup Spaghetti Bolognese Salmon Salad Sandwich
28 Chef's Choice Soup Chef's Choice Chicken Caesar Wrap	29 French Onion Soup Thai Chicken Curry Bacon & Grilled Cheese Sandwich	30 Beef Noodle Soup Fish & Chips Egg Salad Sandwich		"Spring is when you feel like whistling, even with a shoe full of slush." - Doug Larson		



This menu is subject to change without notice and may contain alternatives based on your diet restrictions. Please provide 48 hours notice for order cancellation.

