

Annual Report 2023



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About Us

Since 1969 we have been committed to serving the Edmonton community with compassion and integrity. Our team of volunteers and staff work tirelessly to deliver delicious and wholesome meals directly to the doorsteps of those in need. We believe that good nutrition is the foundation for overall well-being, and we strive to make it accessible to all.

Beyond providing meals, we also offer a sense of connection and support to our clients. Our friendly volunteers not only deliver food but also take the time to check in, offering a warm smile and a listening ear. We understand the importance of human connection, especially for those who may be isolated or homebound.

At Edmonton Meals on Wheels, we are more than just a meal delivery service. We are a lifeline for individuals facing barriers to preparing their own food, ensuring that they can maintain their independence and dignity while enjoying delicious and nourishing meals. Join us in our mission to create a healthier and more inclusive community for all.

Board of Directors

Michael Kirk President

Amy Oygen Vice President

Shannon Troke Treasurer

Rob Christie Secretary

Vince Campbell Casino Chair

51,154 Sandwiches Prepared

Linda Chow-Turner Past President

Pam King-Jesso Director

Sven Anders Director

Pieter Lambooy Director

Glenn Quinn Director

Dan Campbell Director

Rev Darda Director

Shelly Blackburn Director

Message from the Executive Director Sonja Zacharko

The staff and volunteers at Edmonton Meals on Wheels are driven to improve food security for our community. While we remain dedicated to serving seniors as well as vulnerable and socially isolated individuals, we are determined to support all individuals experiencing barriers to accessing nutritious meals.

The continuing surge in food and utility costs means that more people are struggling to eat. Recent reports indicate that in 2022, 20.3% of Albertans experienced food insecurity; in 2023, 63% of Edmontonians felt that it was more difficult to afford groceries over the year. Edmonton Meals on Wheels has begun connecting more broadly with community agencies, ensuring they're aware of the availability of our low-cost, nutritious meal programs. Last fall we launched our grab-and-go freezer in the foyer of our building, increasing the immediate access to wholesome meals when people need them.

2023 was a year focused on resilience for our clients, volunteers, community partners and staff. We maintained our focus on safe food preparation and delivery, and with pandemic restrictions lifted we maximized our ability to socially connect with each other again. We returned to sharing smiles and having longer conversations with meal drop offs – something we missed since early 2020.

I am thankful for the unwavering commitment from our volunteers, donors and staff who make our important work possible. Our Board of Directors' strategic leadership is instrumental in ensuring we stay committed to our mission of nourishing communities by delivering fresh, thoughtfully prepared meals, fostering connections and promoting well-being. Looking ahead, we are well-positioned to offer consistent meal services while working in collaboration with our community partners to ensure we improve food security in our communities.

lacharho

Sonja Zacharko Executive Director, Edmonton Meals on Wheels

Message from the Board President Michael Kirk

It has been my privilege to serve as the Board President of Edmonton Meals on Wheels over the last year. During this time, our Board has spearheaded the adoption of a fresh strategic plan. The team at Edmonton Meals on Wheels is actively exploring innovative approaches to establish a new brand identity that coincides with our mission and promotes growth and accessibility in Edmonton.

Our endeavours receive invaluable support from various quarters including government allies, as well as individual, institutional, and corporate benefactors. Their generosity is integral to our mission's success. We extend immense gratitude to these individuals and entities, recognizing their role in enabling us to fulfill our vital mission to improve food security for the health and well-being of Edmontonians and surrounding communities. As we navigate the evolving landscape of

community care, we remain dedicated to providing not only meals but also a sense of connection to those we serve.

Our volunteers stand as the backbone of our organization, tirelessly dedicating their time and effort to ensure that our community is supported. Their selfless commitment and passion for serving others exemplify the spirit of compassion that defines Edmonton Meals on Wheels. We extend our heartfelt appreciation to each and every volunteer, whose contributions play a significant role in our ability to reach those in need.

Through strategic partnerships and continuous improvement initiatives, we are committed to enhancing the quality and scope of our services. We are deeply invested in fostering a culture of inclusivity and accessibility, ensuring that everyone in our community has access to nutritious meals and related services. Looking ahead, we are excited about the possibilities that lie before us. With the ongoing support of our stakeholders and the dedication of our team, we are confident in our ability to adapt and thrive in the face of challenges. Together, we will continue to make a meaningful difference in the lives of many!

Michael Kirk Board President, Edmonton Meals on Wheels

Message from Honourable Jason Nixon, Minister of Seniors, Community and Social Services

I commend Edmonton Meals on Wheels on another successful year of providing essential support to homebound, vulnerable, and aging Edmontonians. For 55 years, Edmonton Meals on Wheels has been a community leader promoting health and independence through the provision of nutritious, quality, and affordable meals. This is truly inspiring. The daily fresh meal service, along with other vital services are all an integral part of the lives of so many Edmontonians.

Alberta's government recognizes the importance of older Albertans being able to age safely and independently in their communities. This is why Alberta's government supported Edmonton Seniors Coordinating Council (ESCC) for the Edmonton Seniors 55+ Social Prescribing Pilot Project which continues to support clients with meal assistance and food security. We continue to support food security in Budget 2024/25 with \$5 million for community organizations to help Albertans in need.

I offer my sincere gratitude to the staff, volunteers, and supporters of Edmonton Meals on Wheels for their tireless efforts in providing such an important service to the community. The work you do is invaluable. I encourage you to continue your efforts to support the most vulnerable members of our community. I look forward to seeing the continued success of this wonderful organization.

Noti-

Jason Nixon Minister of Seniors, Community and Social Services

Message from His Worship Mayor Amarjeet Sohi



On behalf of City Council and the people of Edmonton, I would like to acknowledge Edmonton Meals on Wheels for another year of nourishing our community.

For over 50 years, Edmonton Meals on Wheels has been preparing and delivering sustenance to Edmontonians of all ages and abilities, who live in all corners of the city. The diverse people who frequently use this service appreciate the nutritious food and the engaging connections they make.

Without the efforts of volunteers, Edmonton Meals on Wheels would not be possible. Not only are they providing independence to clients, but they also form bonds with community members, strengthening the ties of our city. The full suite of services offered by Meals on Wheels is invaluable and contributes to the overall well-being of our city.

I commend the staff and volunteers who continue to make Edmonton Meals on Wheels a success. Best wishes in 2024.

Amarjeet Sohi Mayor, City of Edmonton

We nourish communities by delivering fresh, thoughtfully prepared meals, fostering connections and promoting well-being.

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Volunteer Recognition of Excellence Award Robert Boychuk

Since joining our team on February 20, 2018, Robert has been an integral part of our mission to deliver meals and support to those in need. Robert is not only a reliable and dedicated volunteer driver and generous donor, but he also brightens the days of everyone he encounters.

Beyond his service with Edmonton Meals on Wheels, Robert's passion for giving back extends to his community league garden, where his green thumb and dedication have produced stunning results for our Grow a Row program. The garden has generously provided us with an abundance of fresh, lush produce, including beets, carrots, tomatoes, and zucchini, enriching the meals we deliver to our clients.

Robert's dedication, generosity, kind-hearted nature, and infectious sense of humour have touched the lives of countless individuals in our community. He exemplifies the spirit of volunteerism and serves as an inspiration to us all. As we celebrate Robert's well-deserved recognition, Edmonton Meals on Wheels extends our deepest gratitude to him for his selfless contributions and continued dedication.

Robert's commitment to making a difference in the lives of others truly embodies the essence of our organization's mission. We are immensely proud to have him as part of our team, and we look forward to many more years of partnership and service together. Congratulations, Robert, on this well-earned honour!

78,120 Fresh Meals Delivered

Volunteer Recognition of Excellence Award Connie Hebert

Every Thursday, the kitchen lights up with Connie's contagious smile as she steps in. Whether she's lending her expertise to assist with portioning and prep work or seamlessly integrating as a key player during the weekend line pick, Connie embodies grace and efficiency in every task she undertakes. Her presence brings a sense of calm and her unwavering commitment to excellence is truly commendable.

Connie's journey as a volunteer began just before the onset of the Covid-19 pandemic, highlighting her resilience and commitment even during challenging times. What sets Connie apart is not just her skill in the kitchen but her ability to foster a sense of camaraderie and energy among volunteers and staff. The kitchen buzzes with excitement and productivity whenever Connie is present, creating an environment where everyone feels motivated to give their best.

As Connie receives the Volunteer Recognition of Excellence Award, she serves as an inspiration to all, reminding us of the impact one individual can make through acts of kindness and service. With her infectious spirit and compassionate heart, we extend our gratitude to Connie and the huge impact she offers to Edmontonians with her services at Edmonton Meals on Wheels.





Volunteer Memorial Spotlight: Gary McCuaig

For over fifteen years, Gary's presence illuminated our kitchen. His contributions were not merely measured in tasks completed or hours served; they were felt in the smiles he shared, the comfort he provided, and the nourishment he helped serve to those in need. Gary's dedication to ensuring that every meal was prepared with care was a testament to his commitment to our mission of food security for all Edmontonians.

Yet, Gary's impact extended far beyond our kitchen. His gentle demeanor and infectious smile touched the lives of everyone he encountered. Whether it was a friendly greeting or a word of encouragement, Gary had a remarkable ability to brighten the day of those around him.

Gary worked many early morning shifts in the kitchen. He felt useful as part of a worthy endeavour that supported people in need, and enjoyed the company of his coworkers, "especially Walter", recalls his son, Ryan.

As we reflect on Gary's legacy, we are reminded of the profound difference one individual can make in the lives of others. His generosity and dedication has left an imprint on our organization and the community we serve.

Corporate Appreciation Award

For the past three years, Venturi has dedicated themselves to volunteering at Edmonton Meals on Wheels with a positive attitude as a connected team. Their commitment to service and compassion has earned Venturi the Corporate Volunteer Appreciation Award.

"We were looking for local organizations that give back to the community in conjunction with Venturi's internal Volunteer Time Off program." mentions Tyler Rushfeldt, VP and Professional Engineer at Venturi. "As part of the program, Venturi provides staff time each month to volunteer at organizations to help facilitate them in giving back."



From prepping meals in the kitchen alongside dedicated volunteers to traversing the city to deliver nourishment during the holiday season, Venturi's presence has been felt at every turn. Rushfeldt reminisces on one particularly memorable experience delivering meals, meeting and interacting with individuals using the service. "Seeing firsthand how Edmonton Meals on Wheels helps those individuals and being a more direct part of the service was very rewarding."

Venturi's involvement has not only enriched the lives of those they serve but has also profoundly impacted the volunteers themselves. "Volunteering at Edmonton Meals on Wheels has definitely helped shed light on social issues for myself and hopefully has opened others' eyes and hearts to the various situations people in our communities are experiencing," reflects Rushfeldt.

As Venturi continues to chart new horizons in engineering excellence, their partnership with us serves as a significant reminder of the power of corporate social responsibility. With their commitment to community service, Edmonton Meals on Wheels would like to thank Venturi for their positive impact in our city.

Corporate Appreciation Award

In the heart of Edmonton, Independent Jewellers is a shining gem of generosity and support. This esteemed establishment, renowned for its exquisite craftsmanship and timeless elegance, has garnered not only accolades for their fine jewelry but also for their commitment to making a difference in the lives of others.

> Independent Jewellers' efforts are displayed in a powerful gesture: a commitment to donate 5% of their online sales every month to Edmonton Meals on Wheels. This ongoing contribution serves as a lifeline for the organization, enabling us to continue our mission of providing nutritious meals to Edmontonians who rely on our services. They have also embraced the holiday spirit with open arms, generously sponsoring an entire day of meals during the festive season.

In the recent celebration of their 45th anniversary, Independent Jewellers pledged to donate a portion of purchases from a specially curated collection to Edmonton Meals on Wheels. This gesture not only commemorated Independent Jewellers' legacy of excellence but also once again reaffirmed their dedication to making a tangible difference in our community.

As Independent Jewellers continues to adorn the lives of their customers with beauty and elegance, they also continue to illuminate the path toward a brighter, more compassionate future for all. Thank you Independent Jewellers for all the work you have done to support the well-being of Edmontonians, dedicating your resources to fulfill our mission of providing nutritious meals and social connection to the individuals in our community who need it most.

Highlights from 2023



New Freezer for Grab-and-Go Convenience

Edmonton Meals on Wheels recently took a significant step forward in enhancing accessibility to our nutritious offerings by installing a freezer in the foyer of our downtown office. This addition enables us to welcome clients who prefer the convenience of a walk-in service, offering grab-and-go options for wholesome frozen meals. Now, individuals seeking healthy and convenient dining solutions can drop by the office for nourishing meals readily available for them to simply heat and eat.



Caregivers Alberta | CARING FOR CAREGIVERS

Ethnocultural Cuisine Collaboration

In response to the need for culturally relevant affordable meals among ethnocultural communities in Edmonton, we have embarked on a partnership with The Shaama Centre and Multicultural Health Brokers Cooperative. This collaboration aims to create meals to satisfy aging clients in the South Asian community, while enhancing the diversity of our menus and fostering community connection.

Caregivers Alberta Partnership

Edmonton Meals on Wheels is excited to announce a partnership with Caregivers Alberta, aimed at supporting unpaid caregivers in Edmonton and surrounding areas. This collaboration focuses on cross-promoting our organizations' work to our respective communities. We want to ensure that caregivers have access to the support and resources necessary to prevent burnout, find relief, and optimize their well-being.

Grow a Row

By engaging community gardeners to dedicate a row of their harvest to our cause, we're reducing the impact of inflation on our operational costs. The generous donations of fresh produce significantly offset our food bills, allowing us to maintain affordability for our clients during times of economic strain. This collaborative effort ensures that despite rising prices, we can continue to provide nutritious meals without compromising on quality, reinforcing our commitment to supporting our community's well-being.

Community Wellbeing Grant

Edmonton Meals on Wheels Vince Campbell, Board member and volunteer driver, received a grant from Alberta Blue Cross as part of the Community Wellbeing Grant Program. This recognition celebrates his dedication to community service, highlighting the significant impact of volunteerism on overall well-being. We extend our sincere thanks to Alberta Blue Cross for their generosity.

Fjällräven: Leaders in Sustainability & Support

Fjällräven has demonstrated remarkable commitment to sustainability and community support. Their generous offer to custom-make up to 200 totes for our Volunteer Appreciation Event in August 2023, using upcycled fabric, exemplifies their dedication to environmental stewardship and local engagement. We extend our heartfelt gratitude to Fjällräven for their generous contribution. "When I was sent home from hospital on oxygen and still weak, I was so grateful for Meals on Wheels. You relieved me of my anxiety about meals and nutrition. I have a food allergy to MSG and I'm on a diabetic diet. The meals are delicious and staff are wonderful. "

- Elsa, Client

522 Active Volunteers in 2023





Holidays at Edmonton Meals on Wheels

As we reflect on the year, we're reminded of the incredible impact we've made together. In the face of adversity, our community has come together, demonstrating compassion and kindness. We are grateful for the continued trust and partnership of our donors, volunteers, and supporters. Their contributions have enabled us to fulfill our mission of providing nourishment and connection to Edmontonians, ensuring none of our clients were without a meal, a gift, or a friendly visit during the holidays.

2023 Holiday Sponsors

Crowe Mackay	Equipment Sales and Service
AMRIK	Independent Jewellers
Riva	Sons of Norway
Venturi	YEG Seniors Project
UA488	Southgate Lions Club
Kinsmen	Miller Thomson
Pringle Law	Gateway Mechanical
MNP	Inter Pipeline
Swift Supply	Edmonton Meals on Wheels Board Members

Thanks to Bogani Cafe, U-Store-It, Home Health Store, and the downtown Edmonton Fire Hall for hosting drop-off spots for our holiday gift drive, making it easier for our supporters to share the joy of the season with our clients.

Christmas with Friends

Amidst the cold December air, Edmonton Meals on Wheels transformed into a hub of warmth during our annual Christmas with Friends event. This gathering was all about fostering connections, spreading joy, and making the holiday season brighter for the community's most vulnerable members.

Community partners, local leaders, dedicated sponsors, and passionate Board members poured their hearts into preparing and delivering delicious meals, wrapping gifts, decorating cookies, and creating handmade ornaments.

Each meal delivery was a moment of connection and a chance to share smiles, laughter, and heartfelt moments with those who may be isolated or in need of extra support during the holidays. Joy radiated from our clients' faces upon receiving a nourishing holiday meal, a thoughtful gift, and a simple gesture of kindness.

Christmas with Friends was a celebration of the true spirit of the season, where the joy of giving and the warmth of community came together to create moments of magic and meaning for all involved. Thank you to all of our community partners who came together to make this event possible.

" I got a surprise Christmas gift and I really needed that quilt I received. Thank you so much for everything you all do for people like me." -Kryssy, Client





2023 Events



Wing Wednesday

This hot and spicy fundraiser was a fiery success in 2023. In fact, it was so hot that we had to call in the fire department! Attendees were able to enjoy Hot Ones-style interviews, DJ entertainment, wings, drinks, silent auction and more. We'll be bringing it back in 2024 on April 17th from 4:00 - 7:00pm, so be sure to grab your tickets. Bring your friends or colleagues together for a fun-filled happy hour event and support food security in our community!

Volunteer Appreciation Evening

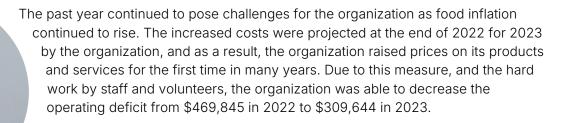
Our Volunteer Appreciation Evening was held on August 22, 2023, at Victoria Park where music filled the air. Food trucks lined the perimeter, offering a delicious array of treats for volunteers to enjoy. Goodie bags, carefully curated with tokens of appreciation provided by our community sponsors, awaited each volunteer. This fun-filled event allowed us to share our appreciation of the incredible volunteers who make our mission possible.

Staff Team Building Day

We delved into inspiring presentations on teamwork and collaboration, setting the stage for fun, interactive activities. From carving pumpkins to indulging in delicious treats, laughter echoed as we broke the ice and strengthened bonds. Crafting our own Halloween masks added a creative touch, while a pickling workshop by Mojo Jojo Pickles infused the day with a flavourful twist as we learned the art of preserving carrots. It was a day of shared experiences and newfound skills, leaving us energized and united as a team.

Treasurer's Report

The Board of Directors is pleased to present, for your approval, the financial statements of the organization for the year ended December 31, 2023. The audit report, similar to previous years, affirms that we are following Canadian accounting standards for not-for-profit organizations in an appropriate manner.



The organization's investment portfolio recovered from the unprecedented unrealized losses of \$319,359 in 2022 to an unrealized profit of \$159,535. Investment income also rose from \$112,848 in 2022 to \$167,112 in 2023. The robust

performance of the investments resulted in an overall surplus of \$17,710 in 2023 compared to a shortfall of \$676,356 in 2022. The organization has kept an internally restricted fund of \$2,734,000 which was set up in 2022 for various items listed in the notes to the financial statements.

The operational efficiencies show how much the volunteers and donors contribute, and the Board of Directors is grateful for their ongoing help.

Shannon Troke, CPA CA Treasurer

Financials

Summarized Statement of Financial Position as at December 31		
	2023	2022
ASSETS Cash Accounts receivable, inventories and prepaid expenses Long-term portfolio investments Property and equipment	\$ 133,190 211,518 2,583,657 <u>767,251</u> \$ <u>3,695,616</u>	\$ 240,681 106,282 2,625,343 806,835 \$ 3,779,141
LIABILITIES Accounts payable and accruals Deferred revenue Line of credit Loan payable Deferred contributions related to capital assets	\$ 80,888 93,485 - - - 261,201 435,574	\$ 105,070 55,218 47,479 30,000 299,042 536,809
NET ASSETS Unrestricted Internally restricted Invested in capital assets	19,992 2,734,000 <u>506,050</u> 3,260,042 \$ <u>3,695,616</u>	539 2,734,000 <u>507,793</u> 3,242,332 \$ <u>3,779,141</u>

Summarized Statement of Operations Year ended Dece	ember 31	
	2023	2022
REVENUE		
Meal and program fees	\$ 1,315,426	\$ 1,208,538
Donations, casino and other fundraising	545,807	567,067
City of Edmonton FCSS grants	325,032	294,840
Grants, interest and other (1)	195,645	168,421
	2,381,910	2,238,866
EXPENSES		
Salaries and employee benefits	1,362,327	1,268,405
Food supplies	539,427	611,517
Administration and other expenses (2)	573,064	533,307
Kitchen and program supplies	187,293	259,755
Repairs and maintenance	29,443	35,727
	2,691,554	2,708,711
DEFICIENCY OF REVENUE BEFORE OTHER ITEM	(309,644)	(469,845)
OTHER INCOME (EXPENSE)	708	-
Investment income	167,112	112,848
Unrealized gain (loss) on long-term portfolio investments	159,534	(319,359)
	\$ 17,710	\$ (676,356)
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES		

(1) Includes amortization of capital contributions of \$37,841 (2022 - \$45,060);

(2) Includes amortization of \$72,855 (2022 - \$79,937)

	2023	2022
CASH FLOWS FROM OPERATING, FINANCING AND INVESTING AC	TIVITIES	
Excess (deficiency) of revenue over expenses	\$ 17,710	\$ (676,356)
Amortization and change in unrealized gains/losses	(87,387)	399,296)
Change in non-cash working capital items	(138,630)	(109,808)
Purchase of capital assets	(33,271)	(59,512)
Withdrawal of investments	350,000	150,000
Other items	(215,913)	(107,618)
NET DECREASE IN CASH	(107,491)	(403,998)

Note 1: These summary financial statements reflect, with certain lines and numbers aggregated, the main classifications of assets, liabilities, operating results and cash flows presented in the audited financial statements but exclude all note disclosure required under Canadian accounting standards for not-for-profit organizations.

Note 2: The organization's auditors, Crowe MacKay LLP, completed their audit on February 28, 2024

Supporters

Government

Government of Canada Government of the Province of Alberta City of Edmonton Family & Community Support Services Organizations AI - Terra Engineering Alberta Blue Cross Andromeda Investments ULC Arnie J Charbonneau Foundation ATCO EPIC Beulah Alliance Church **Butler Family Foundation** Canada Gives CWB Wealth Crowe MacKay LLP Edmonton Community Foundation Edmonton Meals on Wheels Board of Directors Edmonton Realtors' **Community Foundation** Edmonton Southgate Lions Club Equipment Sales & Service Limited Fett Investments First Out Mechanic Service Ltd. Fjällräven Gateway Casino & Entertainment Limited **Gateway Mechanical Services** Henry Gusse Foundation Hopewell Development LP Imperial Oil Foundation

Independent Jewellers Jewish Family Services Kinsmen Club of Edmonton Latitude Family Law LLP Local Union 488 Martin Harris Foundation Maunders McNeil Foundation Inc. Miller Thomson LLP MNP LLP Novamen INC NRG Energy/Direct Energy PayPal Giving Fund Canada Pringle Law Priority Mechanical Ltd. R.S.J. Ventures Riva International Inc. Second Street Fund Inc. Solid Symbol Society Solut Sons Of Norway Solglyt Lodge 4-143 Sorrell Financial Inc. Southwest Seniors Outreach Society Stantec Consulting Strathcona Crime Watch Association Swift Oilfield Supply The City of Edmonton Management Association The Tenaquip Foundation Timber Benefits United Way of the Alberta Capital Region Venturi Engineering Solution INC. Wolfe Pack Warriors Foundation YEG Seniors Project

Individuals			Partners
Anton, C	Howden, K	Peterson, H	Alberta Health Services - Community Living
Ashmore, S	Hutlet, R	Price, M	Benevity Community Impact Fund
Bentley, B & C	Irving, D	Pronovost, K	Boyle McCauley Health Centre
Beswatherick, W	Kellner, S	Pushalik, M	Boyle Street Community Services
Blake, K	Knight, D	Rauschenberger, J	Calvary Lutheran Church
Boodoo, S	Knowles, K & K	Reed, K	CanadaHelps
Boychuk, R	Kowand, S	Rennie, B & J	CBC Edmonton
Brayer, D	Lapawchuk, D	Ritchie, T	Charitable Gift Funds
Brown, K	Lok, R	Russell, N	Corus Entertainment
Burton, E	Lorencz, B	Schneider, K	Covenant Health
Campbell, V	Lumsden, E	Seiler, K	CTV Edmonton
Coates, P	MacEachern, R	Sigler, D & L	Edify Edmonton
Cox, K	MacKay, J	Simon, T	Edmonton Food Bank
Dafoe, P & A	Mackey, J	Sinclair, S	Edmonton Mennonite Centre for Newcomers
Dagsuyu, M	Maclean, C	Smith, S	Edmonton Seniors Coordinating Council
Dea, M	Mailloux, L	Smyth, V	Edmonton's Primary Care Networks
Demulder, J	Malina, G	Stepney, S	Enoch Cree Nation
Duthler, G	Mayne, T	Stewart, S	Fox Creek Community Resource Centre
Ellis, J	McCallum, T	Stratford, M	George Spady
Fankhanel, A	McDonald, T	Subbarao, S	Global Edmonton
Fett, M	McFadden, P	Ward, M	Mighty's Promise Animal Wellness Society (MPAWS)
Flynn, P & J	McGurk, C	White, L & L	Millwoods First Mennonite Church
Frederick, R	McInnes, B	Whittaker, A	North East Seniors Centre
Fry, G	McKenzie, J	Wicks, R & B	Onoway Meals on Wheels
Gantefoer, M	McKenzie, S	Wilson, D & V	Operation Friendship
Gibbins, M & B	Millson, J	Winterfield, C	PayPal Giving Fund Canada
Gillespie, S	Moranetz, E	Yahya, A	Provost FCSS
Goldstein, J	Murray, M		Reflections Edson
Gregoire, A	Nicoll, K		Residence Prince Charles
Griffin, D	Olekshy, O		Sage Safe House
Gull, A	Orlecky, L		South East Seniors Centre
Harlow, H	Osterhout, B		St. Albert Seniors Association
Harvey, M	Ouellette, V		St. Andrews Church
Hathaway, D	Paonessa, M		The Tomato Food & Drink
Hendry, G	Pearson, L		University of Alberta Community Service- Learning
Hepburn, S	Peden, H		Yellowhead County Community Locations

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Visit us online for updates, news, and upcoming events at www.emow.ca

